



PRACTICE Building Character Through Soccer

Patience **R**espect **A**ccountability **C**ompassion **T**eamwork **I**ntegrity **C**ommitment **E**nthusiasm

The FC Dallas PRACTICE program is a character building initiative aimed at helping our youth develop into successful and productive adults. The program equips our coaching staff with tools to model, teach, and reinforce positive character traits to young people through sport.

PRACTICE is an acronym for eight very important core values; Patience, Respect, Accountability, Compassion, Teamwork, Integrity, Commitment, and Enthusiasm. Each of these character traits will be highlighted during the season and introduced to FC Dallas youth members via lesson plans and videos that will encourage thought and reflection. FC Dallas MLS first team players will speak to FC Dallas Youth members on the importance of being patient or having compassion. FC Dallas staff coaches will speak to teams and model to players the importance and effect of teamwork and commitment. The club will recognize, via our website, players who show extraordinary enthusiasm or respect. Integrity and accountability will be discussed prior to trainings with real life stories. We have a tremendous opportunity to positively affect the trajectory of young people's lives and PRACTICE is the key.

The FC Dallas PRACTICE program will include club events, opportunities for involvement in community based projects to help people in need, and recognition for players, coaches, and teams that exemplify positive character throughout the season. Our goal is to shape the thoughts, habits, conduct, and character of FC Dallas Youth players so that they are best equipped for future success. FC Dallas, through the PRACTICE program, will continue to strive to be leaders on the field, off the field, in the classroom, and in the community.



PRACTICE